

Tests Conducted August 1, 1985 by Daniel W. Vomhof III with the Cooperation of a La Mesa Pre-School

Sex	Years	Months	Weight (pounds)	Height (Inches)	24 foot walk seconds	24 foot run seconds	48 foot run seconds	2nd 24 foot run seconds	Walk Speed 24 feet Ft/Sec	Run Speed 24 feet Ft/Sec	Run Speed 48.00 Ft/Sec	Run Speed 2nd 24 feet Ft/Sec
F	2	2	38	37	5.60	3.32			4.29	7.23		
F	2	8	33	35	5.73	2.89			4.19	8.30		
F	2	11	34	40	6.52	2.79			3.68	8.60		
F	2	?	31	38	5.32	2.97			4.51	8.08		
F	2	?	33	37	5.43	2.93			4.42	8.19		
F	3	?	36	39	4.55	3.09			5.27	7.77		
F	4	9	38	41	6.27	2.62	4.72	2.10	3.83	9.16	10.17	11.43
F	4	9	42	45	10.67	2.03	4.46	2.43	2.25	11.82	10.76	9.88
F	4	9	35	42	6.01	2.58	4.15	1.57	3.99	9.30	11.57	15.29
F	4	10				2.01				11.94		
F	4	10	36	43	6.33	2.65	5.63	2.98	3.79	9.06	8.53	8.05
F	4	?				3.17	6.18	3.01		7.57	7.77	7.97
F	4	?			8.60	2.22	5.29	3.07	2.79	10.81	9.07	7.82
F	4	? +/- 6			6.07	3.55			3.95	6.76		
F	4	? +/- 6			7.35	2.18			3.27	11.01		
F	4	? +/- 6			10.85	2.38			2.21	10.08		
F	4	? +/- 6			7.33	3.00			3.27	8.00		
F	4	? +/- 6			10.45	2.75			2.30	8.73		
F	4	? +/- 6			6.10	2.76			3.93	8.70		
F	4	? +/- 6			7.88	2.71			3.05	8.86		
F	5	3	50	45	5.23	2.64	4.79	2.15	4.59	9.09	10.02	11.16
F	5	? +/- 6			6.34	2.32	4.02	1.70	3.79	10.34	11.94	14.12
F	5	? +/- 6			4.22	2.08	4.40	2.32	5.69	11.54	10.91	10.34
F	5	? +/- 6	42	44								
F	5	? +/- 6	42	44								
F	5	? +/- 6			5.36	2.12	4.67	2.55	4.48	11.32	10.28	9.41
F	5	? +/- 6			6.20	2.44	4.29	1.85	3.87	9.84	11.19	12.97
F	5	? +/- 6	40	45								
F	5	? +/- 6				1.93				12.44		
F	5	? +/- 6				1.95		2.03		12.31		11.82
F	5	? +/- 6			4.19	2.11	3.75	1.64	5.73	11.37	12.80	14.63
F	5	? +/- 6			3.41	2.15	4.54	2.39	7.04	11.16	10.57	10.04
F	5	? +/- 6			4.24	2.29	4.27	1.98	5.66	10.48	11.24	12.12
F	5	? +/- 6			3.87	2.09	4.35	2.26	6.20	11.48	11.03	10.62
F	10	? +/- 6			5.42	2.01	3.79	1.78	4.43	11.94	12.66	13.48
F	10	? +/- 6				1.96	3.24	1.28		12.24	14.81	18.75
F	10	? +/- 6			4.31	1.84	3.29	1.45	5.57	13.04	14.59	16.55
F	10	? +/- 6				1.82	2.93	1.11		13.19	16.38	21.62
F	10	? +/- 6			5.41	1.80	2.89	1.09	4.44	13.33	16.61	22.02
F	10	? +/- 6			5.06	2.11	3.29	1.18	4.74	11.37	14.59	20.34
F	10	? +/- 6				1.91	3.47	1.56		12.57	13.83	15.38
F	10	? +/- 6				1.89	3.03	1.14		12.70	15.84	21.05
F	10	? +/- 6				1.99	3.17	1.18		12.06	15.14	20.34

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M	2	6	36	38	5.54	3.14			4.33	7.64		
M	3	1	37	40	6.46				3.72			
M	3	1	37	40	7.71	2.43			3.11	9.88		
M	3	7	37	40	5.61	3.36			4.28	7.14		
M	4	5	46	44	6.50	2.59	4.74	2.15	3.69	9.27	10.13	11.16
M	4	8	43	45		2.28	4.68	2.40		10.53	10.26	10.00
M	4	8	32	41	5.02	2.09	4.69	2.60	4.78	11.48	10.23	9.23
M	4	9	45	43	9.17	2.09	4.14	2.05	2.62	11.48	11.59	11.71
M	4	? +/- 6			6.00	2.66			4.00	9.02		
M	4	? +/- 6			7.62	3.20			3.15	7.50		
M	4	? +/- 6			6.20	2.08			3.87	11.54		
M	4	? +/- 6	35	40	9.87	2.89			2.43	8.30		
M	4	? +/- 6			6.77	2.09			3.55	11.48		
M	4	? +/- 6			7.12	2.36			3.37	10.17		
M	5	0	38	43	7.43	2.05	4.53	2.48	3.23	11.71	10.60	9.68
M	5	0	40	42	4.59	2.75	5.24	2.49	5.23	8.73	9.16	9.64
M	5	2	43	44	7.61	2.12	4.63	2.51	3.15	11.32	10.37	9.56
M	5	? +/- 6	50	46	5.18	2.25	4.04	1.79	4.63	10.67	11.88	13.41
M	5	? +/- 6	52	47	5.51	2.51	4.22	1.70	4.36	9.56	11.37	14.12
M	5	? +/- 6			4.40	2.37	4.55	2.45	5.45	10.13	10.55	9.80
M	5	? +/- 6			4.86	2.45	3.65	1.20	4.94	9.80	13.15	20.00
M	5	? +/- 6	44	46	5.81	2.68	4.52	1.84	4.13	8.96	10.62	13.04
M	5	? +/- 6	46	45	5.62	2.32	4.01	1.69	4.27	10.34	11.97	14.20
M	5	? +/- 6	44	44	7.67	2.46	4.49	2.03	3.13	9.76	10.69	11.82
M	5	? +/- 6	38	43	7.28	2.52	4.74	2.22	3.30	9.52	10.13	10.81
M	5	? +/- 6			4.83	1.79	3.69	1.90	4.97	13.41	13.01	12.63
M	5	? +/- 6			5.20	2.21	4.69	2.48	4.62	10.86	10.23	9.68
M	5	? +/- 6			5.73	2.44	4.68	2.24	4.19	9.84	10.26	10.71
M	5	? +/- 6	38	43	6.84	2.08	3.69	1.61	3.51	11.54	13.01	14.91
M	5	? +/- 6	42	45	5.75	2.21	3.82	1.61	4.17	10.86	12.57	14.91
M	5	? +/- 6			5.69	2.07	4.82	2.75	4.22	11.59	9.96	8.73
M	5	? +/- 6			6.02	2.25	3.81	1.56	3.99	10.67	12.60	15.38
M	5	? +/- 6			7.09	2.32	3.85	1.53	3.39	10.34	12.47	15.69
M	5	? +/- 6	40	44	7.67	2.24	3.90	1.66	3.13	10.71	12.31	14.46
M	5	? +/- 6			5.91	2.10			4.06	11.43		
M	10	? +/- 6			3.97	1.98	3.30	1.32	6.05	12.12	14.55	18.18
M	10	? +/- 6			4.20	1.88	2.84	0.96	5.71	12.77	16.90	25.00
M	10	? +/- 6			4.30	2.28	3.39	1.11	5.58	10.53	14.16	21.62
M	10	? +/- 6			5.06	2.25	3.38	1.13	4.74	10.67	14.20	21.24
M	10	? +/- 6			4.32	2.31	3.61	1.30	5.56	10.39	13.30	18.46
M	10	? +/- 6			4.80	1.85	3.34	1.49	5.00	12.97	14.37	16.11
M	10	? +/- 6			3.82	1.86	3.35	1.49	6.28	12.90	14.33	16.11
M	10	? +/- 6				1.98	3.07	1.09		12.12	15.64	22.02
M	10	? +/- 6				1.89	3.17	1.28		12.70	15.14	18.75
M	10	? +/- 6				1.78	3.39	1.61		13.48	14.16	14.91
M	10	? +/- 6				1.78	3.21	1.43		13.48	14.95	16.78
M	10	? +/- 6				1.85	2.97	1.12		12.97	16.16	21.43
M	10	? +/- 6				1.99	3.10	1.11		12.06	15.48	21.62
M	10	? +/- 6				1.87	3.38	1.51		12.83	14.20	15.89
M	10	? +/- 6				2.13	3.17	1.04		11.27	15.14	23.08
M	10	? +/- 6				1.90	3.17	1.27		12.63	15.14	18.90
M	10	? +/- 6				1.94	3.03	1.09		12.37	15.84	22.02